



GODSWELL PARK

Bloxham ~ Oxfordshire

Hello.

I'm Linda, one of the receptionists at Godswell Park, and I am pleased to present our brochure which gives you more information about the facilities and daily life here at Godswell.

As you leaf through the following pages I will tell you about the building, show you some of the rooms and facilities available, and introduce you to some of the staff who work here.

At Godswell Park we know the importance of attention to detail, because it is the little things that make all the difference to our lives. What is important to our residents is important to us: a smiling face first thing in the morning; a walk outside when the weather is fine; staff who have time to stop and chat and who are prepared to go that extra mile to ensure the comfort and happiness of our residents.

But however informative the brochure, the only way really to appreciate everything about Godswell is to come and visit us and see for yourself. Come and talk to our residents and our staff and let them tell you why we believe that Godswell Park really is as far from the traditional view of a care home as it is possible to be. You will be made very welcome.



Godswell Park is a state of the art 48-bed luxury care home providing the highest quality residential and nursing care in the centre of the village of Bloxham, near Banbury in Oxfordshire. The single and double en-suite rooms all enjoy extensive views. The original building was built in local stone in 1870 and the extensive modern accommodation has been constructed in a complementary style with stone from the

same quarry. Inside, the design is contemporary but traditional, offering the highest level of comfort and luxury. You will be instantly struck by the light and airy atmosphere, the impression of space and the variety of areas within the building that promote the mobility and independence of our residents.





This is one of our assisted spa baths.

This is one of our bedrooms, all of which come fully furnished and with en-suite W.C., wash basin and shower. Residents who stay with us on a permanent basis are welcome to bring small items of furniture with them to personalise their rooms.

The care home provides a complete range of accommodation catering for people over the age of 65, whatever their level of nursing needs, subject to a pre-admission assessment undertaken by our nursing manager. Whilst we may be able to accept residents with a diagnosis of dementia, we regret that we are not able to care for residents whose prime need for care is dementia-related.

Our bedrooms come in a variety of sizes, ranging from comfortable single rooms to luxurious suites, and overlook the landscaped gardens. All of them come with en suite facilities including level-access showers. In addition, assisted bathing facilities with Jacuzzi and chromotherapy are available for those residents who prefer to take a bath rather than a shower.

All of the bedrooms are larger than average and are furnished to an exceptionally high standard. Most of the ground floor bedrooms have a french door opening to an individual patio where green-fingered residents may care to continue using their gardening skills.

Most of our bedrooms are equipped with a fine mist sprinkler system as part of our fire prevention strategy and our air handling system pumps fresh air unobtrusively into the building to maintain a clean, fresh and airy environment for the benefit of our residents and staff.

Our in-house laundry system employs the very latest technology to destroy superbugs and other dangerous bacteria and viruses. Whilst



conventional wash programmes may not be effective in eliminating cross-contamination in laundries, tests have shown that our system will eliminate superbugs such as MRSA and C.Difficile whilst leaving a quality of laundry that is completely safe.



Each floor has its own lounge. This is our day room on the first floor. Residents can sit in any of the day rooms and enjoy morning coffee and afternoon tea with friends and family as well as participate in some of our varied activities and entertainment.

We also have a smaller day room where residents can meet, for example to play bridge or other games.

Recognising the importance of our residents being able to spend their time as they would wish, we have ensured that within the building there is a wide variety of areas available where they can enjoy a period of quiet reflection, meet their visitors or participate in the wealth of activities on offer.

There is a large sitting room on each floor with spectacular views over the gardens and grounds. Easy access can be gained from the ground floor sitting room to the gardens and grounds and to the level-access paths and terraces around the building. Serveries are provided in sitting rooms with tea and coffee making facilities for residents and their visitors.

An abundance of flowers and the highest quality furnishings, fixtures and fittings set us apart from the run of the mill.

Our aquarium is a popular gathering point where even the fish have been given names!



Our impressive hairdressing salon with our own beauty therapist is an important meeting point, and this is accompanied by our shop which is open daily for residents who wish to treat themselves with items of confectionery or simply need to purchase some notepaper, stamps or favourite toiletries.

Godswell Park also has an area which has been designed for our bookworms to peruse our small library and our 'jigsaw corner' enables any resident who is passing by to add a piece to whichever puzzle is currently on display.



Our large in-house cinema enables residents to choose which films they would like to attend at our matinee sessions and choc ices, popcorn, tea and coffee are served in the interval.

Major sporting fixtures or special events always look better when shown on the big screen and in the company of other like-minded residents.

The cinema doubles up as an activities area where a variety of guest speakers and entertainers can address a larger group of residents and their visitors.



Our sun therapy room, the first to be installed in a care home in the UK using technology imported from Sweden, allows residents and their visitors to spend some time enjoying simulated natural sunlight even during the darkest days of winter in surroundings that are reminiscent of a beach in Mauritius. It assists in increasing our residents' energy

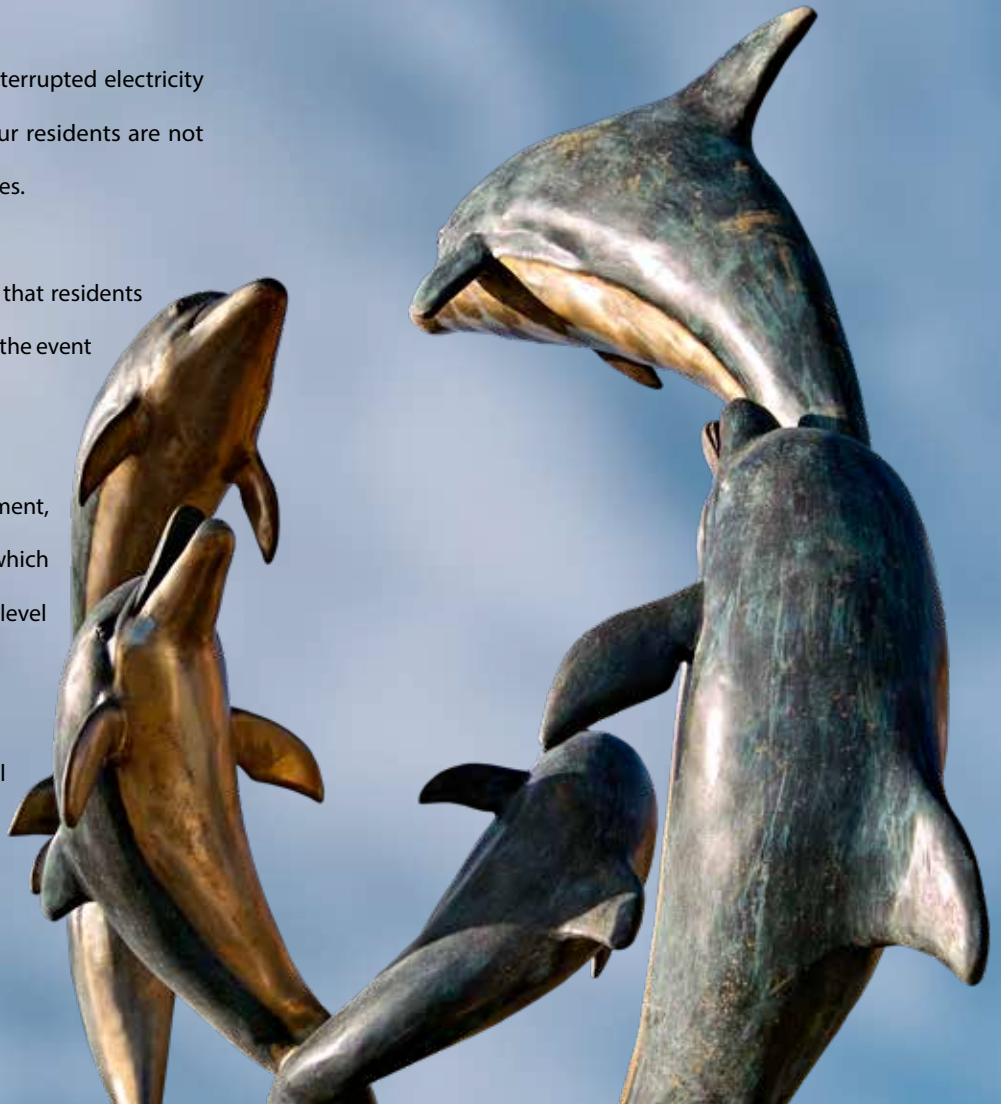
levels and sense of wellbeing through compensating for a lack of Vitamin D. The soothing effects of sunlight prove beneficial for those suffering from joint pains, stiffness, rheumatism and muscle aches as well as combating Seasonal Affective Disorder. An opportunity to spend some time on our own private beach is a popular attraction!

We have our own generator to ensure an uninterrupted electricity supply in the event of a power cut, so that our residents are not marooned and are able to enjoy their normal lives.

Our underground water storage facility means that residents can continue to enjoy baths and showers even in the event of water shortages.

In recognising our responsibility to our environment, we have devised a rainwater harvesting system which will capture rainfall and assist in maintaining the level of our fishpond as well as watering our gardens.

The Godswell dolphins have become a focal point for our residents when enjoying one of our barbecues or afternoon tea on the terrace



Our registered manager has a wealth of experience having managed a highly acclaimed nursing home in the Cotswolds. He is supported by a team of nursing and care staff so that fully qualified, professional and experienced staff are on duty at all times.

Our highly trained and dedicated care staff, and those working within our hotel services and administrative areas, are continuously assessed by the owners to ensure a consistently high level of service. Whether residents stay with us on a long-term basis or just for a period of convalescence or respite care, we prepare individual care plans to ensure that the needs of each resident are specifically addressed.



Lynn, our Head Housekeeper (middle)
with two of her housekeepers.

Our staffing levels are strictly calculated to ensure that we have an

appropriate number of nursing, care and hotel services staff on duty at any one time. This enables us to assist our residents where necessary whilst encouraging them to be as independent as they are able.



We never forget the importance of residents having a choice as to how they spend their time and support is always available to ensure that their choices are fulfilled. Our staff are trained to deal sensitively with any situation that may arise and our care plans reflect the attention to detail that our residents deserve.

Although the local surgery and dental practice is only around 100 yards away, GPs visit on a regular basis and appointments can be arranged with a physiotherapist, chiropodist, optician and dentist subject to the individual needs of each resident.



Godswell Park recognises that, for many of us, the enjoyment of good food is an important part of our lives. Our team of chefs do their utmost to accommodate our residents' wishes through the preparation of mouth watering meals using the freshest ingredients and local suppliers wherever possible. Particular attention is given to the nutritional requirements of each resident and we can cater for special and therapeutic diets as advised by specialist staff and as agreed in each resident's plan of care. Breakfast, either continental or full English, is served in the dining room or in the comfort of each resident's own room at the time of their



James, our Head Chef (left) and Marc, our Maître d'hôtel (right) lead a professional catering team dedicated to providing delicious meals with the finest ingredients, locally sourced where possible.

choice. Many residents will meet together for a complimentary glass of sherry prior to enjoying a three course luncheon served between 12.45 and 2.30 p.m. The dining room also opens for supper between 6 p.m. and 7.30 p.m. whilst

residents who prefer room service may enjoy the same meals in the privacy of their own accommodation.

The Conservatory is open all day with a selection of magazines for residents who would like to meet friends old and new and chat over a hot drink or a snack.

The menu choices change constantly and include many traditional dishes whilst also encouraging residents to sample a variety of new tastes which they may not have had the opportunity of experiencing. Our food is freshly cooked to order, not like many care homes where all meals are prepared hours in advance and then 'kept hot'.



Morning coffee and afternoon tea, with a selection of homemade cakes and pastries, are available in the sitting rooms or by tray service to rooms. A late evening snack is provided for our night owls. Tea, coffee and soft drinks are freely available at any time throughout the day or night, and visitors are welcome to join our residents either for meals or simply to chat over a cup of tea or coffee.



Birthday parties and other celebrations are popular ways of marking important dates and our chefs and catering team are always delighted to assist with all arrangements.



Social activities at Godswell Park are coordinated by the activities team to ensure that a variety of entertainment and social events are organised to suit the interests of our residents, who are encouraged



to maintain as full, interesting and meaningful a life as they wish.

The home's own transport is used for frequent outings, ranging from a local shopping trip to excursions further afield. Residents are encouraged to pursue and develop interests that attract them, with the book and gardening clubs particularly popular.

Family and friends are warmly welcomed to garden parties, barbecues and other activities arranged during the summer months, whilst the winter provides opportunities for more indoor pastimes.

Arrangements are made for those residents who so wish to celebrate Holy Communion or maintain contact with other churches or religions.

The village supports a large number of clubs and associations and residents are encouraged to participate in activities of their choice whether within or outside the home.

The eight acres of grounds are wheelchair accessible and include a fishpond with a variety of fish and an array of wildlife, including our own flock of Soay sheep.

Our terraces and seating areas are the perfect place to stop for a while or enjoy afternoon tea or a barbecue.



We are proud to care for people who require personal or nursing care, either on a permanent or short-term basis. We also welcome residents who need post-hospital convalescence, regular respite care or who may just want to spend a short time with us being treated to some relaxation and recuperation.



Some of our bedrooms have separate sitting rooms for those residents who require that little extra space.

These are some of the comments that have been made by our residents since we opened in January, 2011:

"What a wonderful home – I can't believe how happy everyone is." "I have always been a fussy eater but I am amazed at how the catering team have encouraged me to try some wonderful new dishes. The food here is excellent." "I enjoyed my stay with you very much and was thoroughly spoilt. I thought the helpers were brilliant – they seemed to know what one wanted before one knew oneself!" "I am so glad to be here – so well looked after and too well fed!" "Thank you so much for all that you have done, and do. You truly are a wonderful team." "All of the staff are delightful. Mum is very well cared for." "The home is wonderful. I can't think of anything I would like to change." "It is always a pleasure to visit Mother. Thank you for making us all feel very welcome." "Everything is so good and superior to any other care home I have visited." "We would like to thank everyone for the care, attention and professional excellence at Godswell Park." "It is a pleasure to wake in the morning to be greeted by everyone with smiles, and any bad dreams I have are all soon forgotten."



I hope that what we have been able to set out in this brochure gives you some idea of what life is like at Godswell Park. When taking a decision as to whether Godswell Park is suitable for you or your relative or friend,

we invite you to consider the whole picture and assess for yourself whether we can provide not just the care but also the environment, the safety and the security that will bring peace of mind.

For further information please do not hesitate to contact us:

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By phone:

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By email:

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GODSWELL PARK

www.godswellpark.co.uk

We are centrally situated adjacent to St Mary's Church in Bloxham, just off Church Street (the A361) which is the main road between Banbury and Chipping Norton. From the Banbury direction the turning is to the left just before St Mary's Church whilst those arriving from the Chipping Norton direction will need to turn right just past the church.

